🔒 Semester Reading List 🥝

- Unleash the Power Within (Tony Robbins)
- Awaken the Giant Within (Tony Robbins)
 - The 4 Hour Work Week (Tim Ferris)
 - You are a Badass (Jen Sincero)
- The Subtle Art of Not Giving a Fuck (Mark Manson)
 - Atomic Habits (James Clear)
 - The Power of Positive Thinking (Norman Vincent Peale)
 - The Magic of Big Thinking (David Swhwartz)
 - Getting Things Done (David Allen)
 - Start with Why (Simon Sinek)
 - The Happiness Advantage (Shawn Achor)

• Can't Hurt Me (David Goggins)

• Eat that Frog (Brian Tracey)

• Make your Bed (William McRaven)

• Failing Forward (John C Maxwell)

• The Miracle Morning (Hal Elrod)

• See you at the Top (Zig Ziglar)

• Think Like a Monk (Jay Shetty)

• The 10x Rule (Grant Cardone)

• The Monk who Sold his Ferrari (Robin Sharma)

> • Mindset (Carol Dweck)

The 7 Habits of Highly Effective People (Steven Covey)



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Think and Grow Rich (Napolean Hill)

Rich Dad Poor Dad (Robert Kiyosaki)

The 5 Second Rule (Mel Robbins)

The Power of Now (Eckhart Tolle)

Essentialism (Greg KcKeown)

Big Magic (Elizabeth Gilbert)

The One Thing (Gary Keller, Jay Papersan)

> The Chimp Paradox (Steven Peters)

The 80/20 Principle (Richard Koch)

The Obstacle is the Way (Ryan Holiday)

Note: The Personal Development field is vast and these are a small fraction of titles. However, these are some great starting points. The Power of Habit (Charles Duhigg)

Influence (Robert Cialdini) **10% Happier** (Dan Harris)

Money - Master the Game (Tony Robbins)

The Compound Effect (Dan Hardy)

> **Mastery** (Robert Greene)

Flow (Mihaly Csikszentmihaly)

12 Rules for Life (Jordan Peterson)

The Big Leap (Gay Hendricks)

The Art of Learning (John Waitskin)



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